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COURSE BROCHURE

# Workplace Happiness Leadership and Team Climate Training Course

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Barcelona

**jupiterprime.uk**

info@jupiterprime.uk

Registered in the United Kingdom and Saudi Arabia

# Workplace Happiness Leadership and Team Climate Training Course

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Workplace Happiness Leadership and Team Climate is a 1-week training course for managers and people partners who shape how teams feel about their work, and who leave with a Team Happiness Action Charter. Organisations now compete for people on the quality of daily working life as much as on pay, and team climate decides whether capable staff stay engaged. Jupiter Prime Training delivers this course on Workplace Happiness Leadership and Team Climate.

## Why Workplace Happiness Leadership and Team Climate Matters Now

Three forces push happiness at work onto the leadership agenda: employees who expect purpose and respect as well as a salary, hybrid arrangements that thin out everyday contact, and boards that now ask for evidence on engagement alongside financial results. Teams with a positive climate share ideas, recover from setbacks and hold on to their best people; teams with a sour climate lose discretionary effort long before anyone resigns. The course draws on established research into positive emotion, motivation and survey practice, described in plain terms.

## Who Gains Most from Workplace Happiness Leadership and Team Climate

- Managers accountable for the morale, retention and daily mood of a team of their own
- People partners who advise line managers on climate, recognition and survey follow-up
- Team leads who run regular one-to-ones and team meetings and want them to build energy
- Managers who receive engagement or pulse-survey results and must turn them into action
- Internal culture champions who coordinate recognition and meaning-at-work initiatives

A management group from one function gains most when several members attend together, agreeing shared recognition habits.

## Workplace Happiness Leadership and Team Climate Capabilities

Participants move from treating happiness as a perk to leading it as a daily practice they can measure.

- Assess the main happiness drivers present and missing in a team — priorities for the next quarter
- Design recognition habits that feel specific, timely and fair — team members and peers
- Build conversations that connect daily tasks to meaning and contribution — individual staff
- Specify a short pulse survey and read its results without over-reacting — senior sponsors
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Communicate survey findings and agreed actions openly to the team — trust in the process
- Weigh climate initiatives against workload and resource limits — the line manager's own diary

## Key Workplace Happiness Leadership and Team Climate Terms

- Workplace happiness — the lasting sense of satisfaction, meaning and positive emotion people experience in their daily work.
- Team climate — the shared perception of how it feels to work in a team, shaped largely by its leader's behaviour.
- Meaningful work — work people see as worthwhile because it connects to purpose, growth or the benefit of others.
- Recognition habit — a regular, specific way of noticing and acknowledging contribution.
- Pulse survey — a short, frequent questionnaire that tracks mood and climate between larger annual engagement surveys.
- Psychological needs — autonomy, competence and relatedness, the conditions research links to motivation.

## Workplace Happiness Leadership and Team Climate Day by Day

## Day 1: Happiness as a Leadership Responsibility

- Happiness Driver Map — Which Conditions Leaders Can Actually Influence
- Positive Emotion Research — Separating Evidence From Popular Myth
- Autonomy, Competence and Relatedness Check — Gaps in the Current Team
- Climate Signals Inventory — Early Warnings Before Disengagement Shows
- Leader Mood Contagion Review — Personal Behaviour and Its Ripple Effect

## Day 2: Meaning and Purpose in Daily Work

- Contribution Story Mapping — Linking Routine Tasks to End Beneficiaries
- Job Crafting Conversations — Reshaping Roles Around Strengths and Interests
- Strengths Spotting Practice — Allocating Work to Natural Talents
- Progress Visibility Boards — Making Small Wins Noticeable Each Week
- Purpose Statement for the Team — Shared Direction Without Slogans

## Day 3: Recognition and Positive Team Climate

- Specific Recognition Formula — Praise That Names Behaviour and Impact
- Peer Appreciation Routines — Spreading Recognition Beyond the Manager
- Fairness and Inclusion Check — Who Gets Noticed and Who Does Not
- Team Ritual Design — Openings, Celebrations and Closing Moments
- Remote and Hybrid Climate Tactics — Keeping Warmth Across Distance

## Day 4: Measuring Happiness and Acting on Results

- Pulse Survey Question Design — Short Items That Produce Usable Answers
- Survey Result Reading — Trends, Outliers and Small-Sample Caution
- Team Results Conversation — Co-Creating Actions With Staff
- Action Tracking Log — Closing the Loop So Surveys Stay Credible
- Wellbeing Boundary Guide — When to Refer Issues to Specialists

## Day 5: Practising the Team Happiness Charter

- Driver Map Applied to Own Team — Choosing Three Focus Areas
- Recognition Habit Rehearsal — Practice With Peer Feedback
- Survey Debrief Simulation — Handling Disappointing Scores Calmly
- Stakeholder Briefing Pitch — Securing Sponsor Support for Actions
- Team Happiness Action Charter — Final Commitments and Review Points

## Applying Workplace Happiness Leadership and Team Climate After the Course

- Run a short pulse survey with the team, then hold a results conversation that agrees two actions and a date to check progress.
- Introduce one peer appreciation routine in the weekly team meeting, then check after four weeks that it reaches everyone.

## Workplace Happiness Leadership and Team Climate Questions FAQ

### What is workplace happiness leadership and team climate, and why does it matter now?

It is the practice of shaping the conditions that make work satisfying and meaningful for a team. It matters now because retention, collaboration and discretionary effort depend heavily on how people feel at work, and leaders influence that feeling every day.

### Who gains most from workplace happiness leadership and team climate training?

Managers responsible for a team's morale gain most, together with people partners who support them. Team leads acting on engagement results also benefit.

### How does workplace happiness leadership differ from a wellbeing or engagement course?

This course focuses on positive drivers: meaning, recognition and climate, led by the manager day to day. A wellbeing course centres on health, workload and support conversations.

## What do you bring back from workplace happiness leadership and team climate training?

You bring back a written charter for your own team. It sets out chosen happiness drivers, recognition habits, a pulse-survey plan and review points.

## Workplace Happiness Leadership and Team Climate: The Way Forward

The Team Happiness Action Charter first informs which three drivers the team will work on this quarter. Managers use it with their team and sponsor. After its first review, revisit whether recognition is reaching everyone fairly and whether survey actions were visibly completed.