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COURSE BROCHURE

Leading Through Resilience and Agility Training Course

21 – 25 December 2026
Casablanca

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Registered in the United Kingdom and Saudi Arabia

Leading Through Resilience and Agility Training Course

Ref: 1673_61309 **Date:** 21 – 25 December 2026 **Location:** Casablanca **Fees:** 4500 GBP

Leading Through Resilience and Agility is a 1-week training course for team leaders and middle managers who steer teams through setbacks, shifting priorities and rapid pivots, and who leave with a Team Resilience and Pivot Playbook. Organisations now change direction more often than annual plans allow, and teams that recover quickly while keeping trust protect both performance and wellbeing. Jupiter Prime Training offers this course on leading through resilience and agility.

Why Leading Through Resilience and Agility Matters Now

Three forces shape this subject today: shorter market and technology cycles that force frequent reprioritisation, a workforce that expects leaders to protect energy and psychological safety, and senior stakeholders who want fast course corrections without lost delivery. Well-led teams absorb shocks and reset quickly; poorly led teams burn out and hide problems. The course rests on recognised models: the Agile Manifesto values, the Plan-Do-Check-Act PDCA cycle, the OODA loop Observe, Orient, Decide, Act and the Kubler-Ross change curve.

Who Gains Most from Leading Through Resilience and Agility

- Leaders accountable for a team's output while priorities move week to week
- Supervisors who carry staff through restructures, system changes or lost contracts
- Coordinators who run short planning cycles and stand-ups for a unit
- Section heads who must rebuild morale after a failed launch or incident
- Specialists newly responsible for people during a period of disruption

Leaders from one department gain most together, agreeing shared recovery rituals and pivot signals.

Leading Through Resilience and Agility Capabilities

Participants learn to read pressure early, protect energy and turn sudden change into trusted action.

- Assess personal and team stress signals using a resilience pulse check — workload and staffing decisions
- Design short planning cycles with clear review points — priority calls with senior stakeholders
- Apply the OODA loop to decide under incomplete information — escalation and timing choices
- Communicate a pivot with a clear why, what stays and what stops — team trust and buy-in
- Build recovery routines after setbacks using blameless after-action reviews — learning and morale
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Weigh the speed of a change against team capacity and energy — sponsors and the team itself

Key Leading Through Resilience and Agility Terms

- Team resilience — a group's capacity to absorb pressure, recover from setbacks and adapt its way of working without lasting loss of performance.
- Leadership agility — the ability to sense change, decide quickly and redirect people and effort while keeping purpose clear.
- Pivot — a deliberate change of goals, methods or priorities in response to new evidence.
- After-action review — a short structured debrief asking what was planned, what happened, why, and what to keep or change.
- Psychological safety — a shared belief that people can raise concerns, admit mistakes and question plans without punishment.
- Energy management — planning work, breaks and recovery so people sustain focus through demanding periods.

Leading Through Resilience and Agility Day by Day

Day 1: Pressure, Change and the Resilient Leader

- Change Curve Mapping — Reading Where Each Team Member Stands
- Personal Resilience Inventory — Strengths and Gaps Under Sustained Pressure
- Stress Signal Recognition — When to Step In and When to Wait
- Energy Audit of a Working Week — Protecting Focus Time and Recovery
- Resilience Pulse Check Design — Early Warnings for the Team Leader

Day 2: Agile Habits for Shifting Priorities

- Agile Manifesto Values Applied to Non-Software Teams — Working Choices
- Two-Week Planning Cycles and Visual Boards — Reprioritising Without Chaos
- PDCA Cycle for Small Experiments — Testing Before Committing Resources
- Stand-Up and Review Rhythms — Surfacing Blockers Early
- Backlog Ordering by Value and Urgency — Saying No to Sponsors

Day 3: Deciding and Pivoting Under Uncertainty

- OODA Loop Decision Practice — Acting With Incomplete Information
- Pivot Triggers and Thresholds — Agreeing When to Change Direction
- Pre-Mortem Analysis — Spotting Failure Paths Before They Appear
- Reversible and Irreversible Decisions — Matching Speed to Consequence
- Pivot Message Framing — What Changes, What Stays, What Stops

Day 4: Recovery, Trust and Team Energy

- Blameless After-Action Reviews — Turning Setbacks Into Shared Learning
- Psychological Safety Indicators — Inviting Bad News Early
- Recovery Rituals After Incidents and Lost Bids — Restoring Morale
- Workload Rebalancing Conversations — Fair Distribution During Peaks
- Recognition Practices in Hard Periods — Sustaining Commitment and Trust

Day 5: Practising the Team Resilience and Pivot Playbook

- Simulated Disruption Exercise — Applying the OODA Loop and Pivot Triggers
- Rehearsed Pivot Briefing — Using Message Framing With a Sceptical Team
- Team Pulse Check Review — Linking Energy Data to Planning Cycles
- Peer Coaching on Recovery Routines — Refining After-Action Review Habits
- Team Resilience and Pivot Playbook — Final Version for the Home Team

Applying Leading Through Resilience and Agility After the Course

- Run a two-week planning cycle with a visual board and a blameless after-action review at its close.
- Agree pivot triggers with the line manager and brief the team using the what changes, what stays, what stops frame.

Leading Through Resilience and Agility Questions FAQ

What is leading through resilience and agility, and why does it matter now?

It is helping a team absorb pressure, recover from setbacks and change direction quickly. It matters now because priorities shift often, and teams that pivot without losing trust keep delivering.

Which roles gain most from leading through resilience and agility?

Team leaders, supervisors and middle managers gain most. You benefit if you carry a team through restructures, system changes, lost contracts or frequent reprioritisation in settings such as a hospital ward or a logistics depot.

How does leading through resilience and agility differ from organisational agility training?

It works at team level rather than enterprise level. Organisational agility courses redesign structures for senior leaders; this course gives middle managers daily habits for recovery, planning and pivot conversations.

What do you bring back from leading through resilience and agility?

You bring back a ready-to-use playbook. It holds a pulse check, planning cycle template, pivot triggers and a briefing frame, tested in a simulated disruption.

Leading Through Resilience and Agility: The Way Forward

The Team Resilience and Pivot Playbook gives each participant a working routine for the next disruption. It first informs whether a priority change needs a full pivot or a smaller adjustment. The team leader owns it and shares it with the team and line manager. After its first use, revisit the pivot triggers and the energy signals they missed.