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COURSE BROCHURE

Emotion-Aware Judgement Training Course for High-Stakes Decisions

29 August – 2 September 2027
Dubai

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Registered in the United Kingdom and Saudi Arabia

Emotion-Aware Judgement Training Course for High-Stakes Decisions

Ref: 2333_87181 **Date:** 29 August – 2 September 2027 **Location:** Dubai **Fees:** 4600 GBP

Emotion-Aware Judgement for high-stakes decisions is a 1-week training course for managers who make judgement calls under uncertainty, and it produces a Personal Judgement Calibration Log that records how mood, stress and gut feeling shaped each major choice. Organisations now face faster, more ambiguous choices where a single anxious or overconfident call can be costly. Jupiter Prime Training offers this course on Emotion-Aware Judgement.

Why Emotion-Aware Judgement Matters Now

Three forces push feelings into the centre of managerial choice: compressed decision cycles that leave little time to reflect, hybrid teams whose tension and fatigue are harder to read, and boards that expect every major call to be explainable afterwards. An organisation that treats emotion as noise tends to repeat the same panicked escalations and stubborn commitments to failing options. One that reads emotional signals as information spots hidden risk earlier. The course rests on established behavioural decision research, prospective hindsight and structured reflection practice, described here in general terms.

Who Gains Most from Emotion-Aware Judgement

- Managers who approve investments, hires or contracts with incomplete information
- Operations leads who make rapid calls during incidents, outages or supply disruption
- Clinical and safety supervisors who weigh patient or workforce risk under time pressure
- Project managers who decide whether to continue, pause or stop a struggling initiative
- Client-facing managers who negotiate concessions while handling frustration on both sides

Leadership groups who share escalation duties gain most when several members attend together and agree a shared language for naming pressure.

Emotion-Aware Judgement Capabilities

Participants practise reading their own affective state as evidence, separating useful intuition from bias, and slowing a decision just enough to test it.

- Assess the mood, stress level and somatic cues present before a consequential choice — the go or no-go call
- Distinguish affect-driven bias from informed intuition — the option shortlist a sponsor approves
- Apply a pre-mortem to surface hidden fears and failure paths — the risk owner
- Build a decision journal entry that captures feeling, forecast and rationale — later reviewers
- Design a calm escalation route for choices that exceed personal tolerance — senior sponsors

- Communicate an emotionally charged decision with clarity and candour — the people who carry it out

Key Emotion-Aware Judgement Terms

- Affect heuristic — a mental shortcut in which current feelings about an option stand in for a careful estimate of its risks and benefits.
- Somatic marker — a bodily signal, such as tension or unease, linked through experience to the likely outcome of a choice.
- Pre-mortem — a planning exercise in which a group imagines a decision has already failed and lists the reasons why.
- Decision journal — a written record made at the moment of choosing, noting the options, expected outcome, confidence and emotional state.
- Emotional granularity — the ability to name feelings precisely, which improves self-regulation.
- Escalation threshold — an agreed point of stake or uncertainty beyond which a decision moves to a wider group or senior sponsor.

Emotion-Aware Judgement Day by Day

Day 1: How Feelings Enter Judgement

- Dual-Process Thinking Model — When Fast Intuition Should Lead or Wait
- Affect Heuristic Mapping — How Liking an Option Distorts Risk Estimates
- Stress and Cognitive Narrowing — Effects on Option Generation Under Pressure
- Somatic Marker Awareness — Reading Bodily Signals Before a Commitment
- Mood Congruence Effects — Why Optimism and Gloom Skew Forecasts

Day 2: Naming and Regulating Emotional Signals

- Emotional Granularity Vocabulary — Precise Labels That Calm Reactive Choices
- Cognitive Reappraisal Technique — Reframing Threat Without Suppressing Information
- Physiological Reset Routines — Restoring Clear Thinking Before Key Meetings
- Pre-Decision State Checklist — Whether Now Is the Moment to Choose
- Reading Group Emotional Climate — Spotting Fear, Pressure and False Consensus

Day 3: Testing Options Against Bias

- Pre-Mortem Facilitation — Surfacing Hidden Fears and Failure Paths Early
- Loss Aversion and Sunk Cost Checks — Continue, Pivot or Stop
- Overconfidence Calibration Ranges — Setting Honest Confidence on Forecasts
- Red Team Challenge Roles — Inviting Dissent Without Personal Threat
- Regret Anticipation Exercise — Weighing Action Against Inaction Fairly

Day 4: Escalating and Explaining High-Stakes Choices

- Escalation Threshold Matrix — When a Call Moves to a Wider Group
- Calm Escalation Briefing Format — Presenting Stakes Without Alarm or Spin
- Decision Rationale Statement — Explaining Trade-Offs to Sceptical Stakeholders
- Delivering Unwelcome Decisions — Candour, Empathy and Follow-Through With Teams
- Post-Decision Review Protocol — Separating Luck From Judgement Quality

Day 5: Practising the Personal Judgement Calibration Log

- Live Case Simulation in Finance and Healthcare — Applying State Checks
- Peer Pre-Mortem Rounds — Stress-Testing a Real Pending Decision
- Escalation Rehearsal With Feedback — Briefing a Simulated Sponsor Panel
- Decision Journal Drafting — Recording Forecast, Confidence and Emotional State
- Personal Judgement Calibration Log Completion — Commitments for the Next Quarter

Applying Emotion-Aware Judgement After the Course

- Run a pre-mortem with your team on the next decision that crosses your escalation threshold, recording the fears it surfaces.
- Keep journal entries for every major call for four weeks, then hold a post-decision review that compares forecasts and emotional states with actual outcomes.

Emotion-Aware Judgement Questions FAQ

What is emotion-aware judgement and why does it matter for high-stakes decisions now?

Emotion-aware judgement is the practice of reading mood, stress and intuition as information when choosing. It matters now because faster, more ambiguous decisions leave little time to notice when fear or overconfidence is steering a call that others must later justify.

Which roles gain most from emotion-aware judgement training?

Managers who approve consequential choices with incomplete information gain most. That includes incident leads, safety supervisors and project managers deciding whether to stop work.

How does emotion-aware judgement differ from a general emotional intelligence course?

Emotion-aware judgement focuses narrowly on decisions rather than relationships or wellbeing. You work with pre-mortems, calibration ranges, decision journals and escalation thresholds rather than broader interpersonal skills.

What do you bring back from emotion-aware judgement training?

You bring back a personal log of how feelings shaped recent decisions, with confidence ranges, pre-mortem findings and an escalation route.

Emotion-Aware Judgement: The Way Forward

The Personal Judgement Calibration Log first informs the next decision that crosses a manager's escalation threshold, showing whether stress or optimism is shaping the forecast. Line managers and sponsors use it when reviewing escalations. After its first use, the perspective worth revisiting is how often early gut feelings proved right, and what signalled the difference.